## Mandurah Workshops Term 4: Oct - Dec 2016

### Managing Anger & Stress for Women
- **Tuesdays** 18 Oct - 6 Dec - 9.30am to 12noon - $130

### Anger Management for Men
- **Thursdays** 20 Oct - 1 Dec - 6.30pm to 9pm - $130

### Mums Raising Boys
- **Wednesday** 26 October - 6.30pm to 9pm - $30

### Stepfamilies - An Introduction
- **Wednesday** 9 November - 6.30pm to 9pm - $30/$50 couple

### And Baby Makes 3
- **Saturday** 12 November - 10am to 12 noon

### Teens and Anger
- **Monday** 14 November - 6.30pm to 9pm - $30/$50 couple

### Communication in Relationships
- **Wednesday** 16 November - 6.30pm to 9pm - $30/$50 couple

### Mindfulness
- **Monday** 21 November - 6.30pm to 9pm - $30

### Successful Single Parenting
- **Tuesday** 22 November - 6.30pm to 9pm - $30

### Keeping it Together at Christmas
- **Monday** 5 December - 9.30am to 12noon - $15

### Fathering After Separation
- **Thursday** 8 December - 6.30pm to 9pm - $30

### Healthy Conflict in Relationships
- **Monday** 12 December - 6.30pm to 9pm - $30/$50 couple

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**For more information on all of our courses visit our website:**  
www.relationshipswa.org.au  

**BOOKINGS ESSENTIAL**