Healthy Conflict in Relationships
One night workshop for individuals and couples

Conflict is a normal part of any relationship. How to manage it and resolve problems in a way that improves relationships rather than harms them is the focus of this one-night seminar.

Strategies discussed include:

- defining what constitutes conflict and the importance of healthy conflict resolution
- common strategies used while handling conflict
- learning new skills for healthy resolution
- exploring a step-by-step approach to healthy conflict resolution.

Where: Relationships Australia
21 George Street, Mandurah

When: Tuesday 7 June, 6.30pm to 9pm

Fee: $25 per person ($12.50 for concession card holders)
$40 per couple ($20 for concession card holders)

Places are limited so book now on 9583 6090

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