PARENTING WORKSHOP
CIRCLE OF SECURITY

Circle of Security is a must for every parent’s tool kit

- Learn the *importance of the parent-child relationship* and how to keep it strong
- Learn how to *identify your child’s emotional needs*
- Learn how to *manage your child’s emotions* and *your own response to them*

Help your child have greater resilience, fewer behavioural difficulties, better relationships with family and friends, improved self-esteem and enhanced school readiness

**When We Feel Safe and Secure, Learning Happens**

Courses last for six weeks and are run throughout the year in the Mandurah area. To register your interest, please ring **Mandurah Community Health Centre on 9586 4401**.

Next course commences 9th August 2016 at Greenfields Family Centre