Government of Western Australia  
Department of Health  
Child and Adolescent Health Service  
Child and Adolescent Community Health

CIRCLE OF SECURITY  
6 week Parenting Program

Circle of Security is a must for every parent’s tool kit

- Learn the importance of the parent-child relationship and how to keep it strong
- Learn how to identify your child’s emotional needs
- Learn how to manage your child’s emotions and your own response to them

Help your child have greater resilience, fewer behavioural difficulties, better relationships with family and friends, improved self-esteem and enhanced school readiness.

*When We Feel Safe and Secure, Learning Happens*

**When:** Starting Wednesday, 19 October 2016 for 6 weeks  
**Time:** 9:30 to 11:30 am  
**Where:** Child and Parent Centre – East Waikiki  
(located corner of Carnegie Loop and Murchison Road, Cooloongup)

Bookings are essential  
Please email EastWaikiki@ngala.com.au or call 08 9367 0967